

Welcome to the San Diego 2011 May Faire Ball. We are pleased to have as our Dance Master Dave Macemon from Portland, Oregon. Dave will be calling to the music of Rebecca King, Jim Oakden, and Jon Berger from the Bay Area.

The following packet contains dance instructions for the 15 ball dances as well as sheet music for the 2 dances that are not in the Barnes Books. If you have any questions regarding the dances, please do not hesitate to contact us at:
ballchair@sdecdd.org

Note on the Dance Instructions:

- * Turn single is to the right, unless otherwise indicated.
- * Circular hey is to be done with no hands. Rights and Lefts are to be done with hands.
- * 1s and 2s refers to First Couple and Second Couple
- * There are three dances on the program that are considered to be Advanced Dances. We recommend that you learn Love and a Bottle, Companions, and White Wheat before coming to the Ball.

Please note that the dances are described as they are danced in our community. This may be different from the way these same dances are danced elsewhere.

Candles in the Dark

Dance by Loretta Holtz, 2006

From: *Dancing Across the Atlantic*

Longways Duple Minor

Key: Bm

Meter: 3/4

Recording: *Dancing Across the Atlantic*

Tune Attached.

A1 (1-4) 1s assisted half figure 8** down through 2s

A1 (5-8) M1 and W2 assisted half figure 8 across the set.

A2 (1-4) M2 and W1 assisted half figure 8 across the set.

A2 (5-8) 2s assisted half figure 8 down through the 1s

(All progressed and improper.)

B (1-4) Mirror back to back with 2s (at the top) dancing down the middle

B (5-8) Circle L 1x

B (9-12) Mirror back to back with 1s (at the bottom) dancing up the middle

B (12-16) Partners gypsy 1½ x to end proper.

Note:

** Assisted half figure 8: Man and woman join R hands. Man “draws” woman in front of him as figure 8 starts.

Companions *Advanced dance**

Dance by Victor Skowronski, 2003

Music: Teilman Susato, "Ronde II, Mon Amy", about 1540

Longways Duple Minor

Key: Dm

Meter: 2/2

Recording: Bare Necessities, *CDS Boston Centre, English Country Dance Collection, Vol. 10, New Shoots*

Music Notation: Barnes 2-22

A1 (1-2) Single file circle L one place
(3-4) All balance into center of set and back

A2 (1-4) Repeat
End progressed and improper

B1 (1-4) 1st corners (M1, W2 in 1st corner places) R shoulder chevron:**
WHILE 1st corners back into place, 2nd corners cast along line (W1 up,
M2 down)
All End improper, not progressed

B2 (1-4) Partners Half Pousette (2nd corners moving forward)
End in a line of 4 across set, 1st corners in middle facing, 2nd corners on ends
facing middle (M2 M1 W2 W1)

C1 (1-6) 1st corners (facing each other in middle) start a L shoulder hey for 4 across
the set (6 changes). Finish with 1st corners at end of line, improper, facing out;
2nd corners in middle, proper, facing each other (M1 W1 M2 W2)

C2 (1-3) 2nd corners L shoulder gypsy $\frac{3}{4}$
WHILE
1st corners cast to R (M1 down, W2 up)
(4-6) Partners R shoulder gypsy once and a bit more to proper and
progressed places.

Note: ** Chevron: Goal is to finish in neighbors place
1st corners pass by R shoulder (in 2 measures). Face out and back
up into neighbor's place.

Caller's instructions: This dance is very corner dependent. Please identify 1st and 2nd corners
prior to teaching the dance.

-- in C1 1-6, for the hey: it is 6 changes for 1st corners, 5 changes for 2nd corners. Figures flow
from the hey into L shoulder gypsies for the 2nd corners.

The Dancing Wife

Dance: Gary Roodman, *Additional Calculated Figures*, 1992

Music: Pell Mell, 1686

Longways, Duple Minor

Key: Am

Meter: 2/2

Recording: MGM and Reunion, *Music for a Second Selection of Dances from Gary Roodman's Calculated Figures, New Friends*

Music Notation: Barnes 2-27

A1 (1-4) 1s lead through 2s and cast up to place

(5-8) 1s circle L with the couple above

A2 (1-4) 2s lead down through the couple they just circled with, cast up to place

(5-8) 2s circle L with original 1s

B1 (1-2) 1st corners change by R shoulder

(3-4) 2nd corners change by R shoulder

(5-6) Neighbors change by R shoulder (along the line)

(7-8) All turn single R

B2 (1-4) Partners 2 changes of R and L with hands.

(5-8) Partners 2 hand turn 1x

Notes:

In A1 and A2, the standing couples may be confused about where their circling couple will be coming from. It helps to tell them to face down the set to wait for the arrival.

Dick's Maggot

Dance: The Dancing Master, Vol I, 1st edition, 1703

Music: Dick's Maggot

Longways Duple Minor

Key: G

Meter: 3/2

Recording: Bare Necessities, *English Country Dances*

Music Notation: Barnes 1-27

A1 (1) 1s change places and face down

A1 (2) 1s lead down, WHILE 2s cast up

A1 (3-4) Partners balance back then change places

A2 (1) 2s change places and face down

A2 (2) 2s lead down, WHILE 1s cast up

A2 (3-4) Partners back to back

B (1-4) Facing partner 3 changes of a circular hey (no hands)

B (5 -8) Partners 2 hand turn 2x

Dublin Bay

Dance: The Dancing Master, Vol II, 1st edition, 1713

Music: Dublin Bay, 1713

Longways Duple Minor

Key: Cm

Meter: 6/8

Recording: Bare Necessities, *CDS Boston Centre, English Country Dance Collection, Vol. 2, More Favorites of the Boston Centre*

Music Notation: Barnes 1-31

- A (1-2) 1s set forward diagonally to 2s (W1 crossing in front of M1 to start)
- (3-6) Corners (M1 and W2, M2 and W1) R hand turn nearly once around, ending with 1s in top place, improper.
- (7-10) 1s cross by L shoulder, continue down and around same gender Neighbor, coming up between the 2s in a line of 4 across set facing same gender Neighbor.
- (11-14) Neighbors arm R, ending in a line of four across set, all facing down.
(1s in the middle, proper).
- B (1-2) Line of 4 fall back a double (moving up the hall)
- (3-4) Come forward a double, turn alone to face up.
- (5-6) Line of 4 fall back a double (moving down the hall)
- (7-8) Come forward a double
- (9-10) 2s gate 1s to progressed place

The Dusty Miller

Dance by John and William Neal, 1726

Music: The Dusty Miller

3 Couple Longways Set

Key: G

Meter: 3/2

Recording: Bare Necessities, *Nightcap*

Music Notation: Barnes B1-33

A1 (1-2) 1s lead down center (2s move up)

(3-4) 1s turn individually to face up and cast to bottom of the set.
(3s remain in place)

A2 (1-2) 1s 2-hand turn 1x

(3-4) 1s cast up into 2nd place

B1 (1-2) Contra corners: 1s R hand turn 1st (R) diagonal (W1 up, M1 down)

(3-4) 1s L hand turn each other once and a little more

B2 (1-2) Contra corners: 1s R hand turn 2nd (L) diagonal (W1 down, M1up)

(3-4) 1s L hand turn each other to end facing 1st diagonal

A3 (1-2) 1s slow set and honor to 1st diagonal

(3-4) 1s 2-hand turn 1st diagonal 1x. End on same side and face 2nd diagonal.
(M1 ends in middle of women's line, facing up; W1 ends in middle of men's line facing down)

A4 (1-2) 1s slow set and honor to 2nd diagonal

(3-4) 1s 2-hand turn 2nd diagonal 1x. End on same side and face 1st diagonal
(M1 in middle of women's line, facing down; W1 in middle of men's line facing up)

B3 (1-4) Start L shoulder hey for 3 (M1 with the women, W1 with the men)

B4 (1-4) 1s meet in the middle of set and 2-hand turn 1 ½ x spiraling down into 3rd place ending proper; WHILE 3s cast up to middle place.

Jacks Maggot

Source: Playford 1702 / Playford Ball

Music Source: Barnes

Longways Duple Minor

Key: D

Meter: 2/2

Recording: Bare Necessities, *CDS Boston Centre, English Country Dance Collection, Vol. 1, Favorites of the Boston Centre*

Music Notation: Barnes B1-59

A1 (1-8) M1 start a hey for three on the women's side, passing W2 by the R shoulder to start. M1 return to place

A2 (1-8) W1 start a hey for three on the men's side, passing M2 by the L shoulder to start. 1st woman return to place

B1(1-8) Star R; star L to place

B2(1-4) 1st corners change by the R; 2nd corners change by the R

(5-6) All circle L $\frac{1}{2}$ way

(7-8) 1s cast down WHILE 2s dance up

Notes:

B1 1-8 A skipping or skip-change step is often used for the R and L hand stars

Laura's Waltz

Dance by Dave Macemon and Cynthia Stenger, 1998

Music: "L is for ..." Bob Pasquarella, 1992

Longways, Duple Minor, Improper

Key: Am

Meter: 3/4

Recording: Bare Necessities, *CDS Boston Centre, English Country Dance Collection, Vol. 10, New Shoots*

Music Notation: Barnes B1-72

A1 (1-3) R hand star once around

(4) All turn single L

(5-8) Partners L shoulder gypsy 1x

A2 (1-3) L hand star once around

(4) All turn single R

(5-8) Partners R shoulder gypsy 1x, melting into ballroom hold.

B (1-8) Couples waltz around each other $1\frac{1}{4}$ times, ending with 1s on the men's side of set, 2s on the women's side. Couples are facing each other across the set. (women are on the men's R)

(9-12) Women start R shoulder $\frac{1}{2}$ hey for 4 across the set.

(13-14) When the women meet in middle again, R hand turn $\frac{1}{2}$ way

(15-16) Opposites L hand turn $\frac{3}{4}$ to progressed place to dance directly to the next star.

Note:

Turn singles are small (3 counts)

Love and a Bottle*Advanced dance**

Dance: Twenty Four New Country Dances for the year 1710, Composed by Mr. Kynaston, reconstructed by Andrew Shaw

Music: Love and a Bottle, 1711

3 Couple Longways set

Key: Gm

Meter: 6/8

Recording: Bare Necessities, *CDS Boston Centre, English Country Dance Collection, Vol. 5, At Home*

Music Notation: Barnes B1-69

A1 (1-8) W1 figure 8 through 2nd couple, passing M2 by right shoulder

WHILE

M1 figure 8 through M2 and M3, start passing M2 by the right shoulder***

1s end close to each other in original places

A2 (1-2) 1s fall back

(3-4) 1s cast down to middle place while 2s lead up. All join hands in lines of 3 on the side

(5-8) Lines set forward, turn single R

B1 (1) 1s cross by R shoulder, face down

(2-4) 1s mirror hand turn with 3s 1x (1s down outside, 3s up the middle), end with 1s in middle place facing up.

(5-8) 1s mirror hand turn with 2s 1 ½ x (1s up outside, 2s down the middle)
End with 1s at top, improper

B2 (1-4) 1s set, cross by R shoulder, turn R to face each other

(5) 1s clap on beat 1

(6-8) 1s cast to 3rd place, WHILE 2s and 3s lead up (on last 2 bars)

Notes:

***In A1 1-8: for the Figure 8 movement, M1 “draws” W1 into the figure 8 as they cross down between the 2s

Mr Merrill's Maggot

Dance by Fried de Metz Herman

Source: Choice Morsels, 1986

Longways Duple Minor

Key: Gm

Meter: 2/2

No Recordings

Music Notation: Barnes 2-89

- A1(1-4) 1s cast down below 2s (2s remain in place), cross up the middle into first place to end improper and facing out
2s turn to face out
(5-8) Neighbors lead out, turn alone, and lead back

- A2 (1-8) 2s cast up above 1s (1s remain in place), cross down the middle between the 1s into 2nd place to end facing out. 1s turn to face out. Neighbors lead out, turn alone, and lead back.
(all improper, not progressed)

- B1 (1-8) 1s and M2 hey for 3 on the 1st diagonal, starting with M1 passing partner by R shoulder WHILE M2 loops L to start.

- B2(1-8) 1s and W2 hey for 3 on the 2nd diagonal, starting with W1 passing partner by L shoulder WHILE W2 loops R to start

- C(1-4) R hand star 1x
(5-6) Partners set
(7-8) Partners 2 hand turn ½ way
(9-10) 1s cast down while 2s lead up

Notes: for ball booklet and callers instructions

--B1 1-8 all end the hey for 3 where they start, however, the heys flow into each other

In B1 1-8: W2 remain in place

In B2 1-8: M2 remain in place

Old Wife Behind the Fire

Source: A Choice Collection of Country Dances... (Neal), c.1726; 1990

Longways Duple Minor

Key: G

Meter: 2/2

Recording: Bare Necessities, *CDS Boston Centre, English Country Dance Collection, Vol. 9, Strong Roots*

Music Notation: Barnes 2-97

A1(1-4) 1s set, cast down to second place (2s dance up)

(5-8) 1s two hand turn 1x

A2(1-8) 2s repeat

B1(1-4) 1s cross by R shoulder, go below to second place (2s dance up)

(5-8) 2s cross, go below, come together in the middle of the set, facing up,
WHILE the 1s lead up, cast to the ends to form a line of 4
across the set facing up

B2(1-4) Lines of 4 up a double & fall back; fold the line & face across (all are
unprogressed & improper)

(5-8) Partners face: Two changes of Rs and Ls with hands.

Round About Our Coal Fire

Dance: Richard Bride's Collection 1766.

Reconstructed by Tom Cook, Hunter's Moon 1987.

Music: "Old Simon the King", about 1720

Longways Duple Minor

Key: C

Meter: 9/8

Recording: Bare Necessities, *CDS Boston Centre, English Country Dance Collection, Vol.1, Favorites of the Boston Centre*

Music Notation: Barnes 1-109

A1 (1-2) 1s lead down middle 2 steps, turn alone and lead back up

(3-4) 1s cast down into 2nd place as 2s lead up

A2 (1-2) 2s lead down middle 2 steps, turn alone and lead back up

(3-4) 2s cast down into 2nd place as 1s lead up

(All end in original places.)

B1(1-4) W2 start a hey for 3 with the 1s across the set, passing M1 by the L shoulder to start.

B2(1-4) 1s continue the hey with M2 who passes R shoulder with W1 to start.

(All end in original places.)

A3 (1-2) M1 advances to W2, who retreats. With both hands joined, M1 brings W2 into the center.

(3-4) M1 and W2: 2 hand turn 1x and fall back into places

A4 (1-4) W1 repeats A3 with M2.

(All end in original places.)

B3 (1-4) 1s cross, cast down (2s lead up). 1s 2 hand turn ½ way, falling back into progressed places.

B4 (1-4) Partners face to start 4 changes of a circular hey, (no hands).

St Martins Lane

Dance: - Legacy - 50 Years of Dance and Song (interpreted by Christine Helwig)

Music: St Martin's Lane

Longways Triple Minor

Key: Am

Meter: 2/2

Recording: Bare Necessities, *Night Cap*

Music Notation: Barnes 1-113

A1: 1-8 M1 cast down to 2nd place, WHILE M2 moves up the inside to 1st place.
 M1 and W3 2 hand turn 1x.
 M1 cast up the outside to 1st place, WHILE M2 moves down the inside to
 2nd place.

A2: 1-8 W1 casts down to 2nd place, WHILE W2 moves up the inside to 1st place.
 W1 and M3 2 hand turn 1x.
 W1 cast up the outside to 1st place, WHILE W2 moves down the inside to
 2nd place.

B (1-2) 1s lead down the center 1 place WHILE the 2s move up the outside
(3-8) 1s and 3s double figure 8 (1s cross down, 3s cast up to start), ending with
 1s in 2nd place.
(9-14) 1s and 2s double figure 8 (1s cross up, 2s cast down to start) ending with
 1s in 2nd place.
(15-18) Partners 2 hand turn 1x
(19) All fall back from partner

Take a Dance

Dance: Wright's Humors Vol 1

Music: Take a Dance, 1765

Longways Duple minor

Key: Am

Meter: 6/8

Recorded: Bare Necessities, *Take a Dance*

Music Notation: Barnes 1-124

A1 (1-8) 1s lead down through the 2s, cast to place, 2-hand turn 1x

A2 (1-8) 2s lead up through the 1s, cast to place, 2-hand turn 1x

B1 (1-8) 1s cross the set, cast down,(2s lead up) and $\frac{1}{2}$ figure 8 up through the 2s

B2 (1-8) Partner 4 changes R and L with hands

White Wheat, Advanced dance

Dance by Hazel Moir

Tune: Bugeilio'r Gwenith Gwyn (Welsh traditional)

3 Couple Longways Set

Key: C

Meter: 3/4

Recording: Bare Necessities, *CDS Boston Centre, English Country Dance Collection, Vol. 11, A New English Ball*

Tune Attached.

- A1 1-4 1st long diagonals (M1, W3) cross R shoulders to each other's places
 then loop L to finish outside the set, in the middle
 WHILE W2 faces down & M2 faces up to follow the active
 dancer to form L hand stars on each side of the set
 Note: W1 and M3 wait and form the start on their own side.
 5-8 Star L 1x to end in lines of three facing across with the
 active dancers (the 1st long diagonals) in the middle of the lines
- A2 1-4 2nd long diagonals (W1, M3) cross L shoulders to each other's places
 then loop R to finish outside the set, in the middle
 WHILE middle dancers (M1, W3) follow to form R hand stars on each
 side of set.
 5-8 Star R 1x to end in lines of three facing across, active dancers (2nd long diagonals)
 are in the middle.
 (Dancers are not across from their partners)
- B1 1-4 Dancers at both ends cross R shoulder, turn R, WHILE middles turn
 single R $\frac{3}{4}$ to form a single file circle facing clockwise. All single file
 circle L one place.
 End facing partner in home location, but improper.
 5-8 Partners back to back
- B2 1-4 1s meet & cast to the bottom
 WHILE 2s & 3s wait two bars then dance up
- B2 5-6 Partners cross as in Hole in the Wall**
- B2 7-8 Facing partner, step R & honor

After once through dance the order is 2-3-1

** Hole in the Wall cross: Partners approach, pivot around each other $\frac{1}{2}$ way in a clockwise direction and fall back into each other's place.

Candles in the Dark

Loretta Holtz 2006

From: *Dancing Across the Atlantic*

Longways Duple Minor

Tune: Attached

- A1 1-4 1st couple assisted half figure 8 down through 2nd couple: 1st couple face down, 1st man takes R hand in R hand with 1st woman, guiding her in front as they cross between 2nd couple; cast up to exchange places.
5-8 1st man and 2nd woman assisted half figure 8 across the set.
- A2 1-4 2nd man and 1st woman assisted half figure 8 across the set.
5-8 2nd couple assisted half figure 8 down through 1st couple, ending at top center facing down. (All progressed and improper.)
- B 1-4 2nd couple take inside hands and dance down between 1st couple to start a mirror back to back.
5-8 All 4 circle L once around.
9-12 1st couple face up and take inside hands, dance up between 2nd couple to start a mirror back to back.
12-16 All gypsy partner 1½ times to finish proper. At the end, 1st couple join R hands, faces down to start next round of the dance.

Teaching Points:

The first half of the dance is a series of half figure 8s.

Candles in the Dark



White Wheat

Dance by Hazel Moir. Tune: Welsh Traditional: Bugeilio'r Gwenith Gwyn.

3 Couple Set. Longways. Waltz Time.



A1. First long corners (top man & bottom woman) cross right into each others' places and loop left to finish on the outside of the set and make left hand stars on each side, while middle woman faces down and middle man faces up to follow active dancers into the left hand stars and top woman and bottom man join the stars on their own side. Take the stars all the way round and end back in two lines of three with actives in the middle of each line.

A2. Second long corners (top woman and bottom man) cross left into each others' places and loop right, middle dancers following, to make right hand stars on each side. Continue with mirror image of A1.

B1. End dancers cross right shoulder, turn right and then all circle left one place (single file). Facing partner all long back to back (4 bars).

B2. First couple meet and cast to the bottom (4 bars). Second and third couples wait (2 bars) and move up individually (2 bars). All Hole in the Wall cross with partners, step right and honour.

Repeat for second and third couples.